

You've got  
**Teladoc!**



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**aetna**<sup>®</sup>



# Peace of mind happens here.

*Access licensed therapists by web or app.*

Choose your provider and establish an ongoing relationship from anywhere - on or off campus. Our licensed therapists can provide support for a wide range of issues, including stress, anxiety, eating disorders, depression, grief, family difficulties and more. **Schedule a video appointment** seven days a week.

- Choose from psychologists, licensed clinical social workers, counselors or therapists
- Video appointments can be scheduled to meet your schedule: from 7 a.m. to 9 p.m., 7 days a week
- Only pay your Aetna in-network provider cost



## Establish a relationship

You can choose to visit with a licensed psychiatrist, psychologist, therapist, counselor or social worker.



## By video

Schedule an appointment for a video session from 7 a.m. to 9 p.m. local time, seven days a week.



## The support you need

Get support for stress, anxiety, eating disorders, depression, grief, and more. A prescription can be written, if medically necessary.

*Get started:*

**Teladoc.com/Aetna**

*For more information:*

**Teladoc.com/aetna-therapy**

